

Safe Password Do's and Don'ts

Protect your time, money, identity, and sanity with these password best practices.

Do Consider Using Complex Passwords

A best practice for your passwords would be to use lowercase and capital letters, numbers, and symbols. You may consider using long passwords with 12 characters or more.

Do Use Passphrases to Help Create and Remember Long Passwords.

Stringing four or more random words together can help make passwords harder to guess and more secure. Throw in some numbers, capitalization, and a symbol or two and you've got yourself a strong, long password. Use phrases that are easy to remember so you don't have to write it down.

Good Examples:

ilovemydogbruno@

Tyrion\$pace3L3vator!accordion9h

DEXTER\$cartoon#1199eight

Do NOT Use the Same Password for Multiple Accounts

If your passwords are the same everywhere, then if your Netflix password gets stolen, your bank and email are also at risk. Never use the same password twice. Even though this complicates things, you can use a secure password manager to store them and never have to rely on your memory.

Do NOT Store Passwords in a Spreadsheet or Document (or a Post-it Note on your Screen)

Again, use a secure password management tool. For home and personal use, try Keeper or Dashlane. Looking for a solution for your business? Reach out to Setton Consulting at (212) 796-6061.

Bad Examples:

august71987#

ilovepizza!2019

nikejustdoit\$99

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